

Rising Stars Program- Individuals 18 and older

Building Yourself Up-Adult Readiness, Confidence, and Networking Skills United Through H.O.P.E.

Who's Invited: any individual 18yrs old or older. Must be high functioning. This is a "closed type program" meaning once the program ends enrollment no one can enroll after that point and all members start and stop together and attend sessions together. Enrollment ends on 1/19

"RS" schedule for the Winter 2020 session. The main RS program will be offered through ZOOM, not at a UTH physical location. It is 8 weeks in length and then has an additional week for a presentation.

- Sunday, February 2, 2020, 7-9pm, Zoom main topic "Who Are YOU" & discuss project steps
- Sunday, February 9, 2020, 7-9pm, Zoom main topic Communication & discuss project steps
- Sunday, February 16, 2020, 7-9pm, Zoom main topic Confidence & discuss project steps
- Sunday, February 23, 2020, 7-9pm, Zoom main topic Engagement & discuss project steps
- Sunday, March 1, 2020, 7-9pm, Zoom main topic Courage & discuss project steps
- Sunday, March 8, 2020, 7-9pm, Zoom main topic Outlook, Reputation, Character & discuss project steps
- Sunday, March 22, 2020, 7-9pm, Zoom main topic Fostering relationships & discuss project steps
- Sunday, March 29, 2020, 7-9pm, Zoom main topic Growth, Motivation, Reflection & final project parts
- Sunday, April 5, 2020, 7-9pm, in person at UTH Denton site unless out of DFW area and then streamed in through Zoom to audience.

General Overview of the RS Program

- ❖ Each meeting is through ZOOM were all members meet and discuss the prep work and their progress toward their real life project. Ample time for group discussions.
- ❖ Each week there is a prep lesson that targets aspects you need to be a successful adult and tasks to complete toward the final project presentation.
- ❖ Each member will be expected to COMPLETE INCLUDING EXECUTION a self-designed SMALL Scale community service project. The project is meant to give them resume, networking, and other job readiness transferable skills.
- ❖ The presentation is on week "9" (see above) and all are expected to be present for it. The presentation is in front of an audience. If the member lives in DFW then they will be expected to be present in real life while those outside DFW can do it through livestreaming ZOOM to the watching audience.
- ❖ Each session meeting there is ample time for group discussions and face to face communication.

Cost for normal session:

- Program Total Cost is \$220 due by first day of group
- No pro-rated costs if you miss an event once you start because you are out of town or sick.
- Availability to add in additional private sessions for further assistance.

All members receive after enrollment: The pictures of all members and an email before each meeting with details about what to expect and prep for.

For more information and/or to obtain the enrollment forms needed to be completed for this program,
contact: United Through H.O.P.E., Inc, at 1-866-857-7751 or send an email to info@unitedthroughhope.org